Risk Management and Swing Trading Plan

Course Topics | A concise guide to planning, managing and reviewing practice trades.

1. Before Entering a Trade

- Define the trade setup and reason for entry
- Identify invalidation level and stop-loss
- Check liquidity, volatility and upcoming events

2. Managing Risk

- Risk per trade and position sizing
- Risk-to-reward calculations
- Managing gaps, slippage and unexpected price moves

3. Managing an Open Trade

- Following a pre-defined exit plan
- Avoiding emotional decisions and overtrading
- Understanding trailing stops and partial exits

4. Trading Journal

- Record entry, exit, stop-loss and target
- Capture the setup and reason for the trade
- Review wins, losses and rule-following

5. Practice Checklist

- Practise with paper trading before risking real money
- Backtest rules across different market conditions
- Review performance over a meaningful sample of trades

Educational material only. This document introduces course topics and is not a recommendation to buy or sell any security. Trading involves risk, including possible loss of capital.